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It may sound cliché, but when in doubt, give flowers as a present. Women who send them are seen as successful, happy, and sociable, according to a new study.

"Surprisingly, those who gave bouquets were viewed more favorably than those who gave food, wine, or jewelry," says lead author Jeannette Haviland-Jones, Ph.D., director of the Human Emotions Lab at Rutgers University in New Brunswick, New Jersey.



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